



Complete the following information and send by one of the following methods:

Fax To: (503) 304-2960 (24/7 - No Cover Sheet Required)

If you prefer to e-mail your enrollment print, complete and scan it or create a PDF and e-mail to: registrar@sszi.com.

| | |
|--|--|
| A. Your Name: Please print legibly | |
| B. Today's Date | |
| C. Phone Number: where we can easily reach you about this course | |
| D. Your Email Address | |
| E. Name of Course | The Basic Biology of Muscular Contraction |
| F. Course Number | SCI.100.1.05 |
| G. Instructor(s) | Dan Carter, SuperSlow Master |
| H. CEU Credits | 0.50 |
| I. Course Start Date | Wed, January 31, 2007 |
| J. Course End Date | Wed, March 7, 2007 |
| K. Course Time (select your time zone) | 12:00 pm to 1:00 pm Atlantic 11:00 am to 12:00 pm Eastern 10:00 am to 11:00 am Central 9:00 am to 10:00 am Mountain 8:00 am to 9:00 am Pacific |
| L. Class Size Requirements | ▪ Minimum: 8 Students ▪ Maximum 15 Students (If a minimum of 8 students have not registered by 5:30 pm EDT, Fri., January 19, 2007, the course will be canceled.) |
| M. Tele-class Schedule | <input type="checkbox"/> I have reviewed and recorded my tele-class dates into my schedule. |
| N. Total Hours Tele-classes (Distance Learning) | 5 one-hour Tele-classes |
| O. The following software is required for this course | Microsoft Word for Windows, Adobe Acrobat Reader |
| P. The following hardware is required for this course | Computer, High-speed Data – DSL, Broadband, Satellite, etc. Telephone for conference bridge connection. |
| Q. Tele-class Conference Bridge#: | TBA |
| ▪ Conference Bridge Pin#: | TBA |
| R. COURSE FEE & MATERIALS | |
| 1. Course Fee | ▪ Registration \$85 USD (Does not include course materials below) |
| 2. Course Make-up Fee Cost for Class Make-up Audio CD (See Policies & Procedures) | <input type="checkbox"/> USA \$28 USD <input type="checkbox"/> International \$33 USD (Prices above include postage and handling) |
| 3. Required Courseware Only | <input type="checkbox"/> Courseware: \$10 USD (Includes US postage and handling) <input type="checkbox"/> Courseware: \$17 USD (Includes International postage and handling) |
| 4. Required Text | Doug McGuff, MD: Ultimate Exercise: Bulletin 1 a. If you own one, you may use your copy. b. If you do not have one, purchase one with courseware below. |
| 5. If you need to purchase: Required Courseware + Ultimate Exercise Bulletin Number 1, by M. Doug McGuff, MD: | <input type="checkbox"/> Courseware + Text - US Mail \$32.00 USD (Includes postage and handling) <input type="checkbox"/> Courseware + Text - International \$42.00 USD (Includes International postage and handling) |



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| | | | |
|--|--|--------|------|
| 6. Total Cost For Class + Materials | \$ | | |
| 7. If You Pay By Check | Make your check payable to: SuperSlow Zone, LLC | | |
| | Please mail your check to: Roxie Borisch, Program Administrator The SuperSlow Zone, LLC 1427 Greenwood Drive NE Keizer OR 97303 | | |
| 8. If You Pay By Credit Card (AmX, Discover, Visa, MasterCard) | List your credit card number below: | | |
| 9. Expiration Date | | | |
| 10. Security Code | | | |
| 11. Name as it appears on the credit card | | | |
| 12. Billing Address (where your credit card statement is sent) <i>Please print legibly!</i> | Street: | | |
| | City: | State: | Zip: |
| 13. If Courseware is to be mailed to an address other than the one provided above, please indicate: | Street: | | |
| | City: | State: | Zip: |
| 14. Your Signature – <u>Required</u> | <input type="checkbox"/> Yes! Enroll me: | | |

Return Instruction Options:

- Fax To: (503) 304-2960 (24/7) -- No cover sheet required
- If you prefer to e-mail your enrollment print, complete and scan it or create a PDF and e-mail to: registrar@sszi.com.