



Complete the following information and send by one of the following methods:

Fax To: (503) 304-2960 (24/7 – No Cover Sheet Required)

If you prefer to e-mail your enrollment print, complete and scan it or create a PDF and e-mail to: registrar@sszi.com.

A. Your Name: Please print legibly	
B. Today's Date	
C. Phone Number where we can easily reach you about this course	
D. Your Email Address	
E. Name of Course	Understanding Nutrition Basics
F. Course Number	NUT.100.1.03
G. Instructor(s)	Kathy G. Wise, RD, LD, LDN
H. CEU Credits	0.30
I. Course Start Date	January 17, 2007
J. Course End Date	January 31, 2007
K. Tele-class Schedule Course Time (select your time zone)	<input type="checkbox"/> I have selected my correct time zone, reviewed and recorded my tele-class dates into my schedule 7:00 pm to 8:00 pm Atlantic 6:00 pm to 7:00 pm Eastern 5:00 pm to 6:00 pm Central 4:00 pm to 5:00 pm Mountain 3:00 pm to 4:00 pm Pacific
L. Class Size Requirements	▪ Minimum: 8 Students ▪ Maximum 15 Students (If a minimum of 8 students have not registered by 5:30 pm EDT, Fri., Jan. 5, 2007, the course will be canceled.)
M. Total Hours Tele-classes (Distance Learning)	3 one-hour Tele-classes that provide presentation viewing capability from your computer desktop via an online meeting presentation (i.e., GoToMeeting/Webinar). This will be outlined in your courseware. System Requirements for Attendees: <ul style="list-style-type: none"> ▪ Telephone for conference bridge connection ▪ Required: Internet Explorer 5+ or Netscape 6+ ▪ Required: Cable modem, ISDN, DSL or better Internet connection. ▪ Recommended: Java Virtual Machine enabled ▪ Recommended: Minimum of Pentium 300 with 64 MB of RAM
N. <u>REQUIRED</u> Class Orientation – set appointment <u>prior to attending class</u>	<input type="checkbox"/> Prior to attending class, I have contacted Roxie Borisch: www.registrar@sszi.com to make arrangements for a "test drive" to: <ul style="list-style-type: none"> ▫ Download software – free of charge and test <ul style="list-style-type: none"> – Adobe Acrobat Reader: http://www.adobe.com/products/acrobat/readstep2.html – GoToMeeting/Webinar (Roxie will send specific link by email invitation) ▫ Test connectivity of my equipment for best viewing ▫ Familiarize me with software control panel and attendee options <ul style="list-style-type: none"> – Conference Bridge Review: Q&A
O. Software required for this course	Own and be able to use: <ul style="list-style-type: none"> ▪ Adobe Acrobat Reader provided free of charge (may be needed to access documents from recommended resource websites)



Complete the following information and send by one of the following methods:

	<input type="checkbox"/> GoToMeeting is provided free of charge provided free of charge in conjunction with your class orientation appointment		
P. Tele-class Conference Bridge	Conference Bridge number will be included with course material		
▪ Conference Bridge Pin#	Pin number will be included with course material		
Q. COURSE FEE & MATERIALS			
1. Course Fee	Registration \$85 USD		
2. Course Make-up Fee Cost for Class Make-up Audio CD (See Policies & Procedures)	<input type="checkbox"/> USA \$28 USD <input type="checkbox"/> International \$33 USD (Prices above include postage and handling)		
3. Required Courseware Only	<input type="checkbox"/> Courseware: \$25 (Includes US postage and handling) <input type="checkbox"/> Courseware: \$32 (Includes International postage and handling)		
4. Total Cost For Class + Materials	<input type="checkbox"/> Courseware + Registration - US Mail \$110.00 USD (Includes postage and handling) <input type="checkbox"/> Courseware + Registration - International \$117.00 USD (Includes International postage and handling)		
5. Recommended Texts for your resource library (not required)	a. M. Shills, M. Shike, A. Ross, B. Cabalero, R. Cousins (2005) Modern Nutrition in Health and Disease, 10th edition b. Dietary Reference Intakes: Vitamin, Minerals, The National Academies, 2001 c. M. Barasi (2003) Human Nutrition: A Health Perspective d. The 2000 Dietary Guidelines for American: foundation of US nutrition-policy		
6. If You Pay By Check	Make your check payable to: SuperSlow Zone, LLC		
	Please mail your check to: Roxie Borisch, Program Administrator The SuperSlow Zone, LLC 1427 Greenwood Drive NE Keizer OR 97303		
7. If You Pay By Credit Card (AmX, Discover, Visa, MasterCard)	List your credit card number below:		
8. Expiration Date			
9. Security Code			
10. Name as it appears on the credit card			
11. Billing Address (where your credit card statement is sent) <i>Please print legibly!</i>	Street:		
	City:	State:	Zip:
12. If Courseware is to be mailed to an address other than the one provided above, please indicate:	Street:		
	City:	State:	Zip:
13. Your Signature – <u>Required</u>	<input type="checkbox"/> Yes! Enroll me:		

Return Instruction Options:

- Fax To: (503) 304-2960 (24/7) -- No cover sheet required
- If you prefer to e-mail your enrollment print, complete and scan it or create a PDF and e-mail to: registrar@sszi.com.