



From Time To Time, 'About Recertification' Will Be Updated. V 10.01.06

A. Changes In Recertification For SuperSlow Instructors

With SuperSlow now accredited by I.A.C.E.T., the standards for recertification have changed. Everyone must now 'recertify' according to the standards of I.A.C.E.T.

Read about I.A.C.E.T: <http://www.iacet.org/>

B. Recertification – Who Is It For?

ANY certified SuperSlow Instructor (includes Level I, II and Master) may choose to recertify.

Who you work for does not pertain to your re-certification. Recertification is not dependent on who you work for.

If you are a certified SuperSlow Instructor, **and you choose to re-certify**, you may do so by fulfilling I.A.C.E.T. recertification CEU requirements for your level of SS certification.

c. Join The SuperSlow Zone Institute (SSZI)

- In order to recertify by taking the CEU courses required for your level, you will need to first join the SSZI.

D. SSZI Member Fee:

SSZI Annual Membership Fee	Details
\$180	Year annual fee if paid in full at time of registration. Payment methods: Credit card, check or installment payments (bank drafts)

The annual membership fee may be subject to change. You will be given six (6) months advance notice of any membership fee change.

e. SSZI Member Fee Payment Options:

1. Credit card: membership fee paid in full upon joining the institute
2. Check: membership fee paid in full upon joining the institute
3. Installment payments (bank drafts): membership fee paid by monthly installments upon joining the institute.
 - To learn about this option, go to the home page and then



- Click on the button 'Join The SSZI' (located on the left side of your screen) and then
- Click on the link, '**SSZI Installment Payments Authorization Form 10.01.06**'

c. What If My SuperSlow Certification Has Expired?

- See item 'J', below.

If your certification has expired, and you want to recertify by fulfilling I.A.C.E.T. recertification requirements, you may do so. See item 'J', below.

d. What Does 'Re-certify Mean'?

'Recertify' now means that each certified instructor who wants to recertify must fulfill 'Continuing Education Units (CEUs)'.

There are different courses to choose from to fulfill CEUs. Many of these courses will be delivered through 'distance learning' or tele-classes. This will enable you to learn from your office or home, and will save you time and money.

In time, we will offer courses at our national gathering, the SuperSlow Zone Institute Summit.

Read about Recertification Requirements in F and G below.

e. About 'Continuing Education Units' (CEU)?

CEUs are a common business practice for professions such as physicians, physical therapist, nurses, teachers, etc. to remain certified or licensed. **Without fulfilling certain** CEU requirements, the certification or licensure is revoked.

With our accreditation by I.A.C.E.T., CEUs are now required for SuperSlow recertification.

CEUs are earned by completing course requirements. Each course will have a specified CEU value (e.g. .25 CEU, .5 CEU or 1 CEU).

Courses can be delivered through:

- 'Distance learning' - such as 'tele-classes, web casting, etc.
- 'In person' - at a convention, conference, summit or at a specific location hosting the course, etc.
- 'web course' - no interaction with other students or course instructor

f. CEU Requirements:

- "1" CEU = 10 hours
- "2" CEUs = 20 hours

g. How Many CEUs Do I Need?



Who	CEUs Per Year
SS Lev I	1
SS Level II	1.5
SS Master	2

H. Why Are CEU Requirements For SS Level II and Masters Different Than SS Level I Instructors?

With a progression in skill levels, e.g. SS Level II and Master, the requirements for re-certification increase.

I. How Long Do I Have To Complete My CEUs?

You will have one year to complete your required CEUs.

J. SuperSlow Recertification Requirements:

1. Join the SuperSlow Zone Institute and
2. Identify how many CEUs are required for your level of certification, below:

Who	CEUs Per Year
SS Lev I	1
SS Level II	1.5
SS Master	2

3. Find Your Certification Status - How Recertification CEUs Work

Please note that the Registrar will help you understand your status and your CEU plan if you set an appointment to hold this discussion.

To set an appointment, e-mail registrar@sszi.com.



My Certification Status	How To Recertify By Fulfilling CEU Recertification Requirements
<p>a. My certification is <u>expired</u>.</p>	<p><u>I want to remain certified</u></p> <ul style="list-style-type: none"> ▪ My certification is expired. ▪ I will join the SSZI by December 31, 2006. ▪ By joining the SSZI, I will be sent a recertification valid through Dec. 31, 2007. ▪ I will fulfill my CEU course requirements on or before Dec. 31, 2007 in order retain my status as a certified SuperSlow Instructor. <p><u>I don't want to remain certified:</u></p> <ul style="list-style-type: none"> ▪ If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void).
<p>b. I certified BEFORE 2006 <u>and</u> my certification will expire in 2007.</p>	<p><u>I want to remain certified</u></p> <ul style="list-style-type: none"> ▪ My certification remains in good standing through the term stated on my certificate. ▪ I will join the SSZI on or before my certification expiration date. ▪ By joining the SSZI, I will be sent a recertification valid through the same expiration date in 2008. ▪ I will fulfill my CEU course requirements on or before my 2008 expiration date in order retain my status as a certified SuperSlow Instructor. <p><u>I don't want to remain certified beyond my expiration date:</u></p> <ul style="list-style-type: none"> ▪ If I do not wish to recertify, then I do not need to fulfill the recertification requirements. ▪ If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.
<p>c. I certified IN 2006 <u>and</u> my certification will expire in 2007.</p>	<p><u>I want to remain certified</u></p> <ul style="list-style-type: none"> ▪ My certification remains in good standing through the term stated on my certificate. ▪ I will join the SSZI within the agreed upon timeframe at the time or my certification. ▪ My CEU PLAN <ul style="list-style-type: none"> a. I will email the Registrar (registrar@sszi.com) <u>to set a phone appointment</u> to understand and schedule my CEU requirement plan discuss <p><u>I don't want to remain certified beyond my expiration 2007 date:</u></p> <ul style="list-style-type: none"> ▪ If I do not wish to recertify, then I do not need to fulfill the recertification requirements. ▪ If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.



My Certification Status	How To Recertify By Fulfilling Recertification Requirements
<p>d. I certified IN 2006 <i>and</i> my certification will expire in 2008.</p>	<p><u>I want to remain certified</u></p> <ul style="list-style-type: none"> ▪ My certification remains in good standing through the term stated on my certificate. ▪ I will join the SSZI within the agreed upon timeframe at the time or my certification. ▪ My CEU PLAN <ul style="list-style-type: none"> a. I will email the Registrar (registrar@sszi.com) <u>to set a phone appointment</u> to understand and schedule my CEU requirement plan discuss <p><u>I don't want to remain certified beyond my expiration 2008 date:</u></p> <ul style="list-style-type: none"> ▪ If I do not wish to recertify, then I do not need to fulfill the Re-certification requirements. ▪ If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.
<p>e. I Will Certify Before Dec. 31, 2006</p>	<p><u>I want to remain certified</u></p> <ul style="list-style-type: none"> ▪ I will join the SSZI by between October 1, 2006 and December 31, 2006. ▪ I will join the SSZI within the agreed upon timeframe at the time or my certification. ▪ I will fulfill my CEU course requirements on or before Dec. 31, 2007 in order retain my status as a certified SuperSlow Instructor. <p><u>I don't want to remain certified beyond my expiration date 2007:</u></p> <ul style="list-style-type: none"> ▪ If I do not wish to recertify, then I do not need to fulfill the Re-certification requirements. ▪ If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.

K. Explanation of Certification Status

a) My certification is expired.

I want to remain certified

- My certification is expired.
- I must join the SSZI by December 31, 2006.
- By joining the SSZI, I will be sent a recertification valid through Dec. 31, 2007.
- I must fulfill my CEU course requirements on or before Dec. 31, 2007 in order retain my status as a certified SuperSlow Instructor.

I don't want to remain certified:

- If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void).

To maintain an annual, valid certification, you must be a member of the SSZI each year.

By joining the SSZI, you will automatically receive your SuperSlow re-certification, valid for 2007.



You have until December 31, 2007 to fulfill your CEU courses required for your level of certification. By fulfilling your required CEU courses in 2007, you will then be sent a recertification valid for 2008. This cycle continues each year.

b) I certified BEFORE 2006 and my certification will expire in 2007.

I want to remain certified:

- My certification remains in good standing through the term stated on my certificate.
- I will join the SSZI on or before December 31, 2006.
- By joining the SSZI on or before December 31, 2006, on my expiration anniversary date I will be sent a recertification valid through the same expiration date in 2008.
- I will fulfill my CEU course requirements on or before my 2008 anniversary expiration date in order retain my status as a certified SuperSlow Instructor.

I don't want to remain certified *beyond my expiration date*:

- If I do not wish to recertify, then I do not need to fulfill the recertification requirements.
- If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.

If you wish to retain a valid certification beyond your 2007 expiration date, join the institute and begin taking CEU courses.

By joining the SSZI, you will automatically receive your SuperSlow re-certification ON YOUR EXPIRATION ANNIVERSARY DATE valid for 2008.

You have until December 31, 2007 to fulfill your CEU courses required for your level of certification. By fulfilling your required CEU courses in 2007, you will then be sent a recertification valid for 2008. This cycle continues each year.

c) I certified BEFORE 2006 and my certification will expire in 2007.

I want to remain certified

- My certification remains in good standing through the term stated on my certificate.
- I will join the SSZI within the agreed upon timeframe at the time of my certification.
- My CEU PLAN
 - a. I will email the Registrar (registrar@sszi.com) to set a phone appointment to establish my CEU plan.

I don't want to remain certified *beyond my expiration 2007 date*:

- If I do not wish to recertify, then I do not need to fulfill the recertification requirements.
If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.

The most convenient way to get help with your CEU course plan is to set an appointment with Roxie Borisch, Registrar, **by emailing her** (registrar@sszi.com) **to set an appointment** to establish your CEU Plan.



d. I certified IN 2006 and my certification will expire in 2008.

I want to remain certified

- My certification remains in good standing through the term stated on my certificate.
- I will join the SSZI within the agreed upon timeframe at the time of my certification.
- My CEU PLAN
- I will email the Registrar (registrar@sszi.com) to set a phone appointment to understand and schedule my CEU requirement plan discuss

I don't want to remain certified beyond my expiration 2008 date:

- If I do not wish to recertify, then I do not need to fulfill the Re-certification requirements.

If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.

e. I Will Certify Before Dec. 31, 2006

I want to remain certified

- I will join the SSZI within the agreed upon timeframe at the time of my certification.
- I will fulfill my CEU course requirements on or before Dec. 31, 2007 in order retain my status as a certified SuperSlow Instructor.

I don't want to remain certified beyond my expiration date 2007:

- If I do not wish to recertify, then I do not need to fulfill the recertification requirements.
- If I do not want to recertify, then I understand my SuperSlow certification credential is revoked (null and void) upon the expiration date.

How To Join the SSZI:

1. Go To: www.sszi.com
2. Click on 'Join the SSZI' (button on the left side of the screen)
3. Read the SSZI Policies and Procedures
 - a. Click on the SSZI Policies and Procedure (PDF) link below
 - b. Print out the PDF
 - c. Read the document

[SSZI Policies and Procedures](#)

4. Accept the SSZI Policies and Procedures AND update your contact information (this screen will pop up after you click on 'Accept')

By clicking Accept below, I assert that I have completely read and understood the policies and procedures contained in the document listed above.

(then click) [Accept](#)



L. How Can I Learn More About Recertification?

1. Read SSZI Policies and Procedures:
 - a. Go To: www.sszi.com
 - b. Click on 'Join the SSZI' (button on the left side of the screen)
 - c. Read the SSZI Policies and Procedures
 - Click on the link 'SSZI Policies and Procedures'
 - Print out the PDF
 - Read the document
2. After reading SSZI Policies and Procedures, if you have questions, email the Registrar, Roxie Borisch, at www.registrar@sszi.com.
 - If you choose to contact Roxie, **she will ask if you have read the SSZI Policies and Procedures.**
 - **Where do you find the SSZI Policies and Procedures:**
 - **On this web site, click on the button, 'Join The SSZI' then,**
 - **Click on the link, 'SSZI Policies and Procedures.'**
 - By reading the SSZI Policies and Procedures before you hold your appointment with the Registrar, you will ensure that you have a solid basis for any questions you may have.